

# Golden Star Christ Activations

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# Golden Star Christ Activations

These activations open the doorways to the Divine Consciousness so that we have greater access to communicating with our Higher Self. It assists in opening up all the chakras in the lower self (7 in the physical body) and it opens up the upper chakras in the Higher Self (at least 5 in the above the head). We shall not limit the number as we have no conclusive knowledge that it stops at the 5, because when the Golden Star which is the Divine Presence or Source is activated at the 1st position, it is the OmniUniverse, the Unlimited. I realize we want to "know", but if we label it, we are limiting ourselves and then we are staunching the flow of universal and multi-universal knowledge. So I would prefer to say that we open up unlimited chakras above the head for we do not indeed know the "exact" number for sure.

These activations also open up the doorways of the Divine Masculine and Divine Feminine within each of us and balances them. The energies we are currently experiencing are more of the Divine Feminine as it is seeking to re-establish this energetic to overcome the unbalance from previous history of male-domination on the planet. So we are experience a continuous flow of the Divine Feminine energetic to soothe us and regain our balance once more. I believe that is why that those beings who are still stuck in the Male Warrior enslavement roles are having a really hard time holding onto that false condition right now. The days of third dimensional duality of enslavement, control, manipulation through deep-seated fear is coming to an end and that is why we performed the activations yesterday to assist this in it's releasing.

Speaking of "releasing", that is another key role of the activations. It assists us in streamlining the release process because suddenly when we receive an activation, our physical body wants to begin to purge all impurities from its system. That is another reason why we are often being lead to healthy fresh vegetables and fruits, lots more clean water, more minerals, enzymes, amino acids and proteins. In fact, the core reason our bodies suddenly begin to demand this higher standard of processing is because our DNA has also become Activated and it's beginning to communicate to the cells in our body "to get moving"!!! Which is pretty incredible, if you think about it!

Another aspect of "releasing" is that after an activation, our emotional body suddenly wants to purge a lot of stuff that it no longer wants anymore. So a lot of false conditions, beliefs, and things that caused pain to that part of our emotional

body, wants to dump it (release) so it can start bringing in more LOVE and JOY again. It's a process that it begins to remember that it's going to begin to remember what it might have felt like before we began to become "scripted" or brainwashed by our parents and society.

We have 4 levels of our "body" in human form. Physical, emotional, mental and spiritual. As you may have guessed, we FAR MORE SPIRITUAL than the rest, but it takes some getting used to when some people think that their physical body is ALL they've got. They just forget who they are and that's okay. This is part of the "awakening" process that we all go through. In essence, once we receive an activation, it FOREVER CHANGES US whether we acknowledge it or not. It cannot harm us for that is not possible. But it does PERMANENTLY CHANGE US for the "greater good of us". The greater the awareness the greater the person can begin to work with their inner empowerments and begin Become Divine in every way. Being aware of being their True Divine Self is Paramount in their destiny, but there are different levels of awareness that may or may not come, depending on the level of love and support they receive during their initial stages of expansion and growth.

Let's put it another way, after an activation, and several succeeding activations, the Spirit, Mind and Body begins place the "Divine Mission" first and foremost as a priority. All levels begin to purify and Detox as quickly as it can because the desire to move into the Divine Presence & reach the "One with Mother/Father/God" intention is the realization of returning HOME without leaving our physical bodies behind. We forget through the veil and through scripting of social programming that our physical bodies are our TEMPLES of Divine Presence. We often have abused our bodies thinking that it's taking up space and we got overweight and we no longer conformed with society anymore. But we must remember that we are NOT typical. And neither are they! They are still living under the veil of forgetfulness of who they are, being Divine Sparks of the Divine that opens as a flower to blossom of a purity of our Creator.

The cells of our physical bodies AWAKEN after an activation and begin to communicate with our DNA. The spaces between the cells are called, I believe Macrocasms and these Macrocasms also begin to communicate the need to purify and detox and will begin doing so immediately. That's why we experience Ascension symptoms because as we continue to ascend (rise up) in vibration and become lighter--more and more purifyies within our bodies and we move deeper within and UP towards the Divine. This is WHO we are and this Activational process assists to streamline and boost up the immune system and communicate to let all the baggage go. The baggage is all the thought forms that no longer have our best interest at heart. This includes the false belief systems of what we should or should not do. These processes assist us in moving deeper and deeper within to

re-claim our true Divine Selves and we stop listening to the external world. We realize that we no longer need the validation, approval of what everyone else thinks because why should we listen to them? They are NOT yet AWAKE and they don't know what they are talking about! We move away from duality and begin to embrace the love that flows from our hearts and we know that we deserve it and even more! So that is part of our process of re-claiming our divine selves again. We will never make it to the finish line in this body, but we sure are going to try.

Here is some additional information that I received.

- \* Manifest cellular change from the higher divine consciousness
- \* An activation turns the "switch" and accelerates the process of awakening
- \* The activations tell the body that it wants to be returned to the original, divine blueprint
- \* Consciousness expands DNA not the other way around, so the more we expand our consciousness, the more our DNA expands too.
- \* Provides balance and centering for all process to work in sync with each other
- \* Assists in integration
- \* The process of degradation of our bodies can easily be REVERSED through an activation and we can once again re-claim complete health and well-being that we may never felt before.
- \* Once we begin using the self-empowerment and self-healing through the activations, we may never get sick again because it is not the physical body that gets sick; it's the diseased mind. Once the diseased mind is healed, the physical body automatically feels the transfer of complete health and REVERSES the condition to complete restoration of where the mind is. Without the mind, the physical body would never get sick in the first place. See H.B. Jeffery "Coordination of Spirit, Mind, Body" book.

Something to note, our senses absorb the environment at the cellular level, so when detoxing and purifying ourselves, it is important to remember that wherever we have already been so far in this lifetime, we have much to purge that is not in our highest and best interest to keep any longer. This is an ongoing process but brings great joy each time we release.

One of the key roles that these activations perform is that it opens us up all the way to the Divine Presence so that we can begin to take our power back through self-empowerments and re-claim the LOVE that we deserve to have.

Spontaneous healings are also quite possible through the use of the activations. As a Master Activator, we must never take credit for doing this work as without the Divine Presence/Source, we would not even be here. It is merely allowing the

Divine Presence to enter our bodies in the first place that miracles do occur. It is however the power of the "afflicted" person who must be OPEN to receive in order for such a thing to occur.

Well, I hope I have assisted you in further breaking down what the activations do. I AM sure you may want to break it down even further to be more concise & you are more than welcome to do so!

# Understanding the Effects of the Activations

In January, 2002, I was working with my massage therapist and we were doing some very intense energy tune-up sessions and she said that an "egg" appeared within my energy fields. It was very large and egg-shaped and it was "golden"—it stayed within my energy fields for approximately two weeks and then one day, during an intense energy session, the Beings of Light came and began to observe my golden cosmic egg energy and the egg was instantly absorbed into my body and my energy changed dramatically and my entire energy sphere grew into a very large egg-shaped sphere.

I AM sharing this with you now because that is a significant part of the activations. It re-activates our Cosmic Christ energy and it sets up our energy configurations and alignments at the Cosmic Source level. That is the first position of the Golden Grid/Gate Activations.

When you receive an activation, you are receiving an energy exchange that comes from an Activator who has already perfected their energy re-alignment and configurations of that of a Golden Christed egg-shaped sphere. (whether they realize it or not). When you become "christed" in the Christ energies through the Golden Christ Chakra (2nd position) of the activation, you then begin to resonate with a deeper inner cosmic light that is of Creator/Source/God. This is also your re-birth and you begin to "birth" a new cosmic being within you that shines up the entire geographical city/state of where you live (even if you cannot see your energies with your physical eyes).

>From what I understand, the cosmic/Source "christed" egg that you now are birthing also radiates into your entire being and other higher-dimensional beings also come into our egg-shaped sphere to assist you in holding these very high vibrational frequencies. Know that these higher dimensional beings are always in your highest and best interest or they would not be there for you would not allow them be there in the first place. Just Trust with your being and Accept and Surrender to the work that is taking place for there are many levels beyond our current understanding that we are evolving very, very rapidly and we are now spinning sacred geometry shapes and we are

merging back into our ONEness state.

>From the Creator's perception, we were never fragmented. We were always ONE and we never separated in the first place. When we receive these activations, we are re-energized to move more fully into our Christ Consciousness. Remember, Cosmic is Source and Galactic is our Christ energies. We are moving more and more into our inter-dimensional light bodies now and we are already multi-dimensional. The only difference is that we are much more consciously aware of it now. WOW!

Part of becoming activated, means that we are placed up on the 12th golden ray energy matrix. We are now activated on the grid and we are also beginning to "remember" more things and the "Source" of our rememberings will have no valid "source" except we will innately "know" that it's coming from our Higher Selves, Higher Guidance which also means Creator/Source/God. Same thing--just different titles. As Jesus said, "Be still and Know." You will "just know" and you may not where it came from and it does not matter how you know. You will "know" and you must trust that Divine Wisdom no matter what for that Divine Wisdom is the "Divine Truth" and the Divine Truth comes from the ONE (Source).

Depending on how "clear" you are to receive will depend if your filters kick and describe to you what you believe is the truth. The only way to tell what the "truth" is if you feel it deep within your heart as being the Divine Truth. With the Divine Truth, you will just "know."

As H.B. Jeffery states in "Coordination of Spirit, Soul, and Body,":  
"We are all "members of one another"; when one moves, all move.

As part of the activations, you are holding a much higher vibrational frequency. These frequencies are "keys" that unlock and unblock your inner doors so that you can freely open them and walk through them on your own power. These keys are part of being OPENED at ALL YOUR LEVELS! This means that from 5 feet below your feet all the way up through your physical body, through your Christ levels and all the way up to Source you are now MERGED INTO ONENESS WITH SOURCE! You are a walking Sacred Pyramid or Trinity of the ONE.

With these mergings of ONEness in our entire Divine Being, you are also merged with ALL of your chakras into ONE. In addition to the seven you have had in your body, you are now activated at 12 of your chakras. The additional 5 are above your crown or head.

In addition, you have new secondary ones which have come in and have attached you to new lightbodies through the activation process. They are underneath your feet, each palm of your hands, at your ankles, at your knees, at your hips including your new one at the root chakra, behind your throat, alongside of your face, on top of your head and behind your head. You are transforming and accelerating at a very rapid pace. These accelerations are due to the new cosmic-egg shaped energy lightbody you now carry. Through these egg-shaped spheres, you will continue to sling-shot your way through the cosmos, galaxies and be anywhere on planet earth in the blink of your eyes. This includes teleportation among other things.

When you receive an activation, DNA strands (several thousand at a time) are brought down from your Source and also the Cosmic Christ energy is also brought down. These energies are extremely powerful because they come straight down from the God-head (Source). At this point, we have many ascended masters working with our energies, of course, the Beings of Light and other inter-planetary beings that also appear to hold the same egg-shaped cosmic Christ energies. Again, they are here to assist us and as we continue to further merge into our Wholeness and return to the One once again, we also accelerate all beings everywhere even on the other side of the veil. For as we move up, they all move up. Even God continues to move up! We are all continuously evolving!!

We are the Front-Runners of the New Earth! The Pioneers of the New Frontier, the Peacemakers, the Mapmakers, the Dreamweavers, the magicians, whatever you care to name—we are here to replace the current teachers of this Earth at some point in the future now. We are already assisting in the Ascension of Planet Earth even now, and our true gifts will come forth as of fruit on the vine of life, the Breath of Life. Many in our dear family today are already working on some significant and bold new changes that are to come. When this happens and you are ready to step forth, please do so! For there are many of you here right NOW who have much to show us and show the world!! Never doubt how important you are for you are incredibly important beings who raised your hands to come here again to move the New Earth into being just by living here right now! So TRUST, ACCEPT & SURRENDER TO WHO YOU ARE RIGHT NOW and even if you cannot remember, that is all right, you will remember who you are when the time is right for you. We are LOVED more than we can possibly know or even imagine! Yes, IMAGINE UNLIMITED! For with the God-head in our

energies, we have no limits whatsoever to create anything we choose to create and we are going to be creating the new world, so be ready to step forward when you are moved to do so!

Some of the new shapes that we are bringing in now came in on February 17, 2002, when the first test cases of the Activations took place and began to make history. One of these sacred shapes is the "SACRED TRIANGLE." This shape was what sent tingles down my spine when it arrived from Source and I was guided to begin using these in order to transfer the frequencies to all people who were to become activated. This shape including the pyramid is to help shape and "perfect" our new energy forms.

An interesting note. Some people can activate themselves without any assistance at all! But as Venessa Ralhston told me on March 2, 2002, during a consultation, most cannot remember how to activate themselves beyond the veil. Some know how to activate themselves beyond the veil, but cannot remember how to activate themselves on this side of the veil, so that is why this "cutting-edge" technology was introduced to help speed us along and move us and the rest of humanity into place as quickly as possible.

Another interesting note. Many people do not know why they even want an activation, but their higher self ALWAYS knows! In fact, many people will be attracted to you now that you've been activated because their higher selves instantly recognize you and they want the same thing for themselves. That is not to say that the lower self of that physical body will actually know what you are talking about, but their higher self will ALWAYS know! It's the energetic vibration frequency of the God-head that will attract their attention and being that you are carrying a physical form and anchoring these 12th Golden Rays upon Earth—that will be even more a lure for them.

On the other hand, those that do not want to embrace the Divine Truth, those who prefer to live in denial of their very existence will not want anything to do with you. In fact, your light will be so RADIANT and energizing—that they may even run away from you! Do not be alarmed! Just love and honor them through compassion in your heart and know that they are not ready for the significant changes yet. Only those who are ready to move up to the plate—to be counted—are the only ones who will come and want to become activated. Everyone is loved and honored no matter what. Those of us who are activated but the rest of our family members are not—may have some difficulty in being in our presence at times because we are

immersed and saturated in the love of the One Source and while they may love the One Source—unless they take action and wish to change too, there may be some interesting energy shifts going on within your household. (many of us right now can certainly attest to that one, can't we?)

So as in anything else, there will many who are ready to embrace their own changes and they will definitely want an activation. There will be those who cannot get out of their own way fast enough to run away from us! That is their choice and that is their stuff and it is honored.

With these activations, one tends to PURGE and PURIFY a great deal more issues than normal, but that is part of the purification process. Issues have a tendency to rise up a lot faster, but the heartening news is that they will LEAVE a lot faster too! Just when you think you have had an issue resolved from years ago—it will come up again and it will also leave you faster! Hello! Nice to see you again! I love you! Now Good-bye! That's what I always say when one of mine comes up again.

Now let's discuss the number 12. We are activated on the 12th golden ray which means that is the highest energetic grid and energy matrix on Planet Earth right now. It is also the highest energy grid and matrix in our entire galaxy right now too! It's one of the highest rays right now, but there will be even higher ones coming in soon which include, magenta. Magenta is the Feminine energies of the "mother". I've seen these colors already but I am not sure if they are fully integrated here on earth yet.

The golden energies of this 12th ray is much higher than those that one typically sees in churches or other places where gold is considered "royalty." The rays of the Golden One, the very ones that we are activated upon are much higher strands of gold and I am being guided to say that it's a higher "christed" gold of the "ONE" Source. It's not a gold-gold that you typically see that stands out really strong. This gold is lighter, more etheric, with strands of other colors interwoven into it that are more "cosmic" in light and texture. When you see someone who is "christed" you can see the light within their eyes, the radiance of their aura as it streams out to others and covers large amounts of space as more Divine Truths are illuminated within their Beings. This is who we are and this is what we bring to the world. We are what many may term "the 2nd coming of the Christ" for it was already here and yet there are many in the

religious circles waiting for the signs and the signs are already here. The reason that the masses do not know who we are or even who they are is because they have forgotten and we will be assisting many in the masses to awaken and "be still and know" the Divine Truth.

In some of the activations that we have experienced, we've seen spider webs of golden material interwoven and in-laid as part of this grid that we are hooked up on. We feel the golden liquid light flooding our senses and it bursts forth from the soles of our feet up through our chakras/bodies and out through our heads like a geyser or a fountain. This is considered "Creator substance" and this is of the "One" Source energy.

I read somewhere that the higher golden ray is where the Higher Teachers and Higher Teachings and higher healings will come from. That this higher golden 12th ray of the One Christ and the One God all in ONEness is very refined and pure. The purity of this higher golden ray will be the One who will carry humanity into the ascension for it is the deeper inner knowing, the radiance of the higher love, the higher truth, the higher wisdom that holds the greatest power on this earth. That is the power of the Word.

As H.B. Jeffery quotes, "Have a word that you hold secret and sacred, the word of Truth that came to you way back and stirred you. Hold it; the time will come when it will hold you and will act automatically without any violation on your part. It will go out into the world and it will affect the whole world of mankind."

"Often your silent word of Truth will shake somebody and he will not feel very well. You may wonder why he is disturbed; but when you meet a condition of this kind that has been brought about by no apparent reason, you may know that there is a working of the Holy Spirit and that it is waking up some old formulation in the mind and body. Here is the time for you to stand fast to your text, your word—whatever it may be. If you do stand fast and unwavering, you will find that this disturbance is the breaking-up of some false condition. In the old metaphysics we called it "chemicalization." For the very chemical structure of the body is changed. It is a painful experience sometimes but you need not fear it. You can rejoice and be glad; for out of the chemicalization will come harmony and order and peace---a new condition of life, a new purpose in the heart. So do not be afraid."

The reason I quoted these phrases is that these processes happened

with me with a fellow sacred sister by the name of Sue Gardner. Sue is quite integrated with the works of H.B. Jeffery and she was the one who suggested I purchase these books to more fully integrate this consciousness. I also went through some of these processes where things that she said in speaking the Divine Truth that she spoke, broke up my formations of old belief systems and old patterns and while it was painful, it did not last for long and I re-awoke and became more consciousness aware of the Divine Inner Truths. And for that, dearest Sue, I am deeply grateful!

The other reason I brought these quotations up is to shift your conscious awareness about how you will be impacting others through your having received activations of the ONE God-head through the 12th golden ray. There will be those who will choose to embrace your truth which is coming from your Divine Wisdom. There will be others who will run away. As I stated above, all choices are honored. All paths are honored. We are loved more than we can possibly IMAGINE!! Speak your Divine Truth and honor it no matter what.

If anyone is interested in purchasing some of the works from H.B. Jeffery, you may contact the publisher, Christ Truth League, Ft. Worth, TX by calling (817) 451-2612. The books that I purchased and have been thoroughly enjoying are called "The Principles of Healing" and "Coordination of Spirit, Soul, and Body." The books are hard-back and sell for \$12.00 a piece.

Much love to all who have chosen to step up to the plate and be counted! For Counted You Shall be!

# Inner and Outer Work

Many people ask me what is the difference between doing the "outer work" versus doing the "inner work". I will briefly give you some examples of them both and allow you to decide what is best for you.

As a Reiki Master/Teacher for years, I thought was doing "the work". I thought I was healing others and helping them. What I didn't know then and what I know is there is a VAST difference between doing "the work" and doing the "inner work." For the past several years, I have been actively engaged in re-claiming my true divinity, taking back my power that I gave away to others and moving into my full empowerment. What does this mean?

It means that I am no longer concerned with anything that is going on outside of my physical body. I know that everything that I see with my physical eyes is NOT real. Anything that is going within myself is the ONLY thing that is real. How does one know if you are doing this already? Easy. If you have gone within and created your sacred space, then you already have moved in, have re-decorated and created a loving environment within your being. You have already been giving yourself all the love you need FIRST (no one will give you more love than you can give yourself, no matter what they say). You have learned to honor yourself so much that you now clearly can discern who has your highest & best interest at heart and who doesn't. If they don't, bless them and move on your merry way. If they do, then dance with them, sing with them and become ONE with them, for they truly honor and love you, just as they love themselves. There are tools that really work now in these new energies and more are coming into being every day as you can imagine.

One of them is "mirror reflection." How does this work? Well, the things that you love about me.....are the very things that you love about yourself. The things you may not like about me.....are the very things that you don't like about yourself, but maybe not willing to admit. That's how mirror reflection works. It's one of our gifts that we brought with us to help each other figure out our own best answers within ourselves. For your answers are not my answers. And my answers are not your answers. Everyone's own answers works for themselves and no one else. It "just is." So if you are running into some people in your life or your family who are really "pushing your buttons", it's because there's something within you that is NOT healed. Otherwise, you wouldn't care what they said, correct? No matter what they said to you--would not matter in the least. If they are pushing your buttons and they are causing you to "react" instead of respond, then you might consider going within & ask yourself this question. "If everything happens for a reason, and

no-thing by accident---what is this thing that's bothering me the most? Your question may surprise you! In Debbie Ford's book, "The Dark Side of the Light Chasers", she clearly offers a simple formula for figuring these types of issues out.:

- 1) Identify the issue;
- 2) Own it (or take responsibility for it)
- 3) Bless it and set it free

Because when we set it free, it will never come back if you identified it, owned it and released it. That's because you've healed yourself and it will never come back to haunt you ever again! Forever is a long time, you know? Te-he!

Another way to tell if someone you know is having an issue is if they come up to you and begin "project" their issues on you. If someone gets in your face and begins to yell and scream, try to throw guilt around, blame you, shame you and make you feel pretty worthless, just remember ONE very important thing. This is "key". No matter what they say or do, it's "their stuff", not yours. If they didn't feel that way--that means that it doesn't bother them in the first place, correct? They are not holding a negative charge over it therefore, they would not be in your face with it, would they? No, they wouldn't. So the next time someone tries to "project" on you, just smile and bless them and move on your merry way. Why bless them? Because you've taken the energies they were trying to bestow upon you and you've taken it to a much higher level -- a divine level & transmuted it to love.

Remember, it's no longer considered honorable to absorb someone else's anger anymore. It used to be "the way." but it is no longer the way in these newer energies. It's no longer honorable to stand there and take someone else's anger just because you think it will help them relieve their stress. Because at the many levels that you are--beyond your imagination, this is no longer an honorable thing. So just smile, bless them (even verbally) and walk away from them. Know that you have nothing to do with this and that it's their stuff. If you find yourself getting pulled into it, then obviously you've got some lingering issues with it as well and then you can try Debbie Ford's formula and move through it a whole lot faster.

Another part is embracing your dark with your light. A lot of lightworkers seem to think that if they are All Light, then they are better for it. That is simply not true. If we do not embrace all of who we are, we are still trying to separate ourselves. When we separate ourselves, we only do it for ONE reason. It's out of fear. When we face our fears head-on and stop running away from them, they can't run after us anymore. We all have darkness. Love it and then turn your light into it and it will disappear. MERGE your dark with your light and you become ALL LIGHT! We all have our shadow selves too. If we've never embraced our darkness,

our shadows with our light, then we can never become Whole and move into the Oneness that we are from our Dear Creator. We cannot never move fully back to "home" where we belong. Some people will embrace their darkness and shadows and some people will not. It's not to be judged. Just honored no matter what. For we are all equal and no one is greater or lesser than the other. No matter what others think or perceive. Many people perceive things differently. That's okay. That's just where they are. Just because someone prefers to be secretive, dark and hold agendas--may not be in our best interest. It's not our job to "fix" them. We can only "fix" ourselves. We just bless them and move on our merry way.

Another part is dismantling our belief structures and re-build with the new ones we love and want to keep. The ones that we release and let go will fall away and we can re-birth ourselves into who we REALLY want to become! It's also part of dismantling our habits, our complexes and programs that kept us hostage from all the social programming and brainwashing that our parents gave us and their parents gave them. It's not a judgment. Just time to step off the vicious cycles and get off the carousel and start your heart beating to a inner drummer--the REAL DEAL--your inner divinity which leads you to your Higher Self, Source and all that you are.

Doing the inner work means that we are moving away from 3rd dimensional density into 4th which is just an alley way to 5th dimensional density. Moving away from 3rd means that you have a much fuller understanding of your inner child and that your Wise Woman or Wise Man should be leading the way in your life now. Your Wise Woman or Wise Man is also your Higher Self too, just another label so that you can identify with it. (I've done a channeling directly from Source last year that has helped hundreds of people move through their inner child issues and embrace their true selves, if anyone is interested in doing this work).

When we've successfully moved into 5th dimensional frequencies, we then can clearly tell when someone is trying to lie or keep a secret from us. We no longer judge another for any reason and we truly love and honor ourselves and it clearly shows as a mirror reflection to the rest of us. I have learned that in order to move to the 5th dimensional frequencies, one must have already connected their 12 strands of DNA themselves. No one can re-connect for us. The only way is to do the "inner work" and clear out all the things that no longer serve our highest purpose.

Please remember, that we never get to the "finish line." We are always going to be "in process". Going from one stepping stone to the next. Sometimes we'll stay there longer than other stepping stones. We move when we are ready to move onto the next one. Sometimes we leap over a couple and land in an even grander

place than we ever imagined! Just because someone is holding a higher frequency does NOT mean they are better than you. They are merely following their divine blueprint. We are no longer in a competition where someone wins. When someone moves up a few more notches in the frequency scale, we ALL move up. We are always benefiting each other no matter how it appears. As we move up, Mother Earth moves up. As we move up, the beings on the other side of the veil move up too. We are creating so many wonderful things in so many unbelievable ways--it's almost unimaginable!

Another part is stepping outside of time & space. When we live in the "now", we no longer need to worry about the future. The future is filled with uncertainty, worry and fear. It's not even here yet! So why worry about it? And we've already lived our past. If we don't like something we did in our past, we can always re-create it in the "now", but if you don't want to do that, then just bless it and move on. You've already lived it. When we live in the now, we can learn to warp time as we need to have more of it or less of it. When we contract it--we make it less. So if we're taking a trip somewhere, we can move into the "now" and be there before we even know it! Ha-ha! If we need to have more time, then we expand it to what we need. We are no longer at the mercy of the constraints of time as everyone else is -- it's a "tool" and we should remember to use it as our best friend.

Another part of the inner work is knowing that we are only responsible for ourselves. We are not responsible for anyone else. If we have children, then there's a greater responsibility as the law sees it, but we are here to love them, guide them and show them how to discern what is in their highest and best interest. We also need to remember that we scripted our blueprints and that if we have children, then they scripted their blueprints to come in through us. They are still responsible for themselves, but until they can learn to take full responsibility for themselves, you are responsible for them. I don't have any children and yet I AM a Mother of the Earth. I AM not Mother Earth per se, but I represent Mother Earth and since we are ONE, I love all and honor all as I love and honor myself. So I take full responsibility for myself in all that I AM at all my levels. It's not my job to "fix" anyone else. I learned the hard way believe me and I learned the difference! Te-he! Funny how it is now, but it wasn't then! Oh well, you know what I mean!

Another part is being consciously aware of everything you do, say and think. For as we think, so we are. For as we say, so we are. As we do, we bring unto us. It's no longer a wise thing to allow our minds to run wild within our subconscious mind. Our subconscious mind is a fertile place where we make our plans, plot our strategies, live out our dreams, create our tomorrows. It's also where we tend to vent our frustrations and sometimes we don't realize we are creating out of that

fertile ground. What you say is what you will get if you are not consciously aware of what you are asking for! How does this work?

As many of us know, we have terrorists who are promoting causes in different parts of the world, correct? Well, what if I said that we could be terrorists too? Sounds pretty harsh, doesn't it? We could be perceived as "walking weapons" if we use hatred and anger behind our words. Same thing. We'd be terrorists. If we are trying to spread fear to others, we'd be terrorists, wouldn't we? If we send an angry letter to someone and we were blaming, shaming, throwing guilt, pointing fingers and trying to lay blame on someone besides ourselves, we'd be a terrorist. So be very careful what you say, do and think for there are serious consequences in our energies, especially now that the veil grows ever thinner. So as we move up in vibration, our veil thins and we begin to create and manifest much faster. When we come from our deep inner core which is our heart, we come from love! We are LOVE! We speak love in volumes and we are becoming the MASTERS! As we Ascend (move up in vibration), we are ASCENDED MASTERS! Those that are beyond the veil, who we hear them channel through others, this is WHO WE ARE! The highest possible divine level is Source/Creator/God. We are aspects of God/Source/Creator. WE ARE CREATORS! We CREATE! So when we create, we must be "consciously aware" of what we are creating. For as the seeds we sow--is the harvest that we reap sooner than later! Another way to move beyond the fear, the hate, the anger, all third dimensional densities is to remember who we are and try to look at everything from the big picture. For then, our true light shines brighter than ever! Our true love radiates our true purpose and destiny and our Sword of Truth and taking our power back where it belongs so that we move up in our lighter vibrational frequencies and fully claim our full Christ Consciousness and allow the real miracles begin! They have already begun! What we will deem as "normal, everyday occurrences" will be considered miracles within the masses.

I AM deeply honored to be here now and to serve humanity at the highest possible levels that I AM and that we are. I lovingly embrace all here and all those who are deep within our hearts--where we are celebrating our re-union of Spirit.

Hugs, kisses and euphoria,  
Che'rie

# Activation Procedure

Congratulations! You are now a Master Activator!

Instructions for activating a person: (I AM going to give you the way I do it and then you can do what you want)

The first thing I do is sit down on a bed and place a teddy bear in front of me. I use a teddy bear as a "surrogate", but you don't have to do use anything if you don't want to.

Obviously, if it were a person, I'd just be standing up and working on the person, whichever way is appropriate for you and whatever you are guided to do that may be different then the way I AM about to explain is what you should always do. You are the MASTER and you decide what is best and highest for the occasion.

## Opening Invocation:

I say this with my hands in a prayer-full mode position:

"I and the Father Are One",  
"You and The Father Are One"  
"We and the Father Are One"  
and we merge into One.

## Or you can say the new Invocation:

"I AM THAT I AM",  
"You are the I AM", "  
We are the I AM,"  
"and we merge into the ONE, I AM".

Please say this invocation three times in a row because it balances and centers your energies immediately and assists you in working beyond the veil.

(I was guided to begin using this because the energetics are high velocity and they'll really create a vortex of energy!)

We use the Pyramid using both your hands coming together to form a triangle.

First Position: Source (imagine unlimited, OmniPresence) lift your arms up in the air as high as they will go with your palms facing the wall and say: "I and The Father are One" and then imagine a Lightning strike coming down in the middle of your hands.

Second Position: Christ (about 1/2 way down from where you had your arms with the Source position) and say: "I and the Father Are One" and then envision the lightning strike

Third Position: Palms facing down about 4 inches above the Crown chakra, but not on the head and say: "I and The Father Are One" and then envision the lightning strike.

Fourth Position: Palms facing down lightly resting on the Crown chakra and say "I and the Father are One" and then envision the lightning strike.

Fifth Position: Back of the Head for the 3rd eye keeping your hands in the triangle shape and say "I and the Father Are One" and then envision the lightning strike.

Sixth Position: Back of the Neck for the Throat chakra and say "I and the Father are One" and then envision the lightning strike.

7th Position: Middle of the Back for the Heart chakra and say "I and the Father Are One" and then envision the lightning strike.

8th Position: Root chakra or tailbone and say "I and the Father are One" and then envision the lightning strike. (we skip the solar plexus area due to the ego being housed there plus we are trying to release the stored memories there, not anchor them.)

9th Position: go to the front of the body where the Heart is and bring the arms and hands together in a prayerful mode (this is for the person you are doing, not you) and say "I and the Father are One" and envision the lightning strike.

There are 9 positions total. Please do each position once all the way through and then repeat for a total of 3 times.

\*\*\*\*For a thing or a company (not a person), say the Invocation:

I and the Father Are One  
You and the Father are One  
We and the Father are One  
and we merge into One

Then utilize positions 1 and 2 a total of 3 times. Since there's no body, but merely an energetic signature--we don't need to go through all the other positions for a "thing". Just do Position 1 and 2 and then 1 again and then 2 and then 1 and then 2 and then you are done. Simple.

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Here are some notes on why these positions are being done:

1st position is bring the energies UP to the Source level which is God/Divine Creator/Divine Presence

2nd position is bring the energies UP to the Christ Consciousness or the Christ Chakra

3rd position is bringing the combined energies of the Source and the Christ into the Upper chakras above the head and re-stranding DNA and aligning all the new chakras that are coming in as we continue to ascend in vibration

4th position is fine, as is.

5th position is the back of the head also where new chakras are coming in and will be filling in around our ears and on our face, forehead and on the top of our head.

6th position is the back of the neck also where a new chakra is coming in so if you get neck pain--that's why.

7th position is the heart is fine, as is--our hearts are forever expanding so this assists in the expansion and the opening of the heart

8th position is the root chakra or tailbone where another chakra is coming in at the hip. There are 3 chakras coming in there. One on each side of each hip and one where the 8th position is

9th position the front of the body. This is very important because it's the Unified Heart Chakra. It is approximately 5 feet off the body at the Heart level and connects to our Christ Chakra above our head. This is where our true divinity gets hooked up completely to the Golden Grid of the 12th Golden Ray and how our new language comes in where we can receive a "deep inner knowing" and know with certainty something is going on that we need to be aware of. This also could be about someone else who is activated and we share the new language from this vantage point.

I And My Father Are One  
by Joel Goldsmith  
from The Master Speaks

## Chapter 9 A High Form of Treatment

We must come to the realization that we are adults, and that we should be able to stand on our own two feet without being dependent on some one or some thing. This spiritual independence is achieved through the realization of our Oneness with God:

I and my Father are one. This oneness with the Father constitutes my oneness with every spiritual being and idea. Therefore, I need not seek my good or be concerned about my good, because my oneness with God constitutes my good. It constitutes of the law of attraction, bringing to me all that is necessary for my unfoldment, for the revelation of my true being, for my daily experience. Right where I AM, God is. Right where I AM, the allness of God is. This ever presence of God makes me independent of person, place, thing, circumstance, condition, or relationship. Wherever I AM, the fullness of God is revealing Itself. The place whereon I stand is holy ground. Right here, right now, the allness of God is made manifest as my individual experience, and the awareness of this truth is the law unto that experience.

I and the Father are one. In this oneness is my self-completeness. I AM, therefore, Self-maintained, I AM Self-sustained. The Self of me, the Reality of me, maintains and sustains me, supports and upholds me, teaches me, enlightens me, enriches me.

This truth is a light unto my path. This truth is my salvation. The awareness of this

truththe conscious awareness of this truth sets me free from human dependence. I AM in the world, but not of it. I enjoy all the experiences, all the relationships, all the joys, all the companionships, that are a part of God s spiritual creation. And yet I AM free. All those with whom I come into contact with are free to enjoy each other, but not to hold each other in any sense of bondage, physical, mental, moral, or economic. Each one is free in Christ. I find my freedom in Christ. I find my economic freedom, my political freedom, my physical freedom, my moral freedom, in Christ, in Spirit, in Soul not in any outside independence.

God has supplied me in the beginning with everything and everybody necessary to my unfoldment, and this is a universal truth. It is true about everybody in proportion to his awareness of his spiritual identity and his oneness with God. I will never leave thee, nor forsake thee. How true I tis that I cannot escape from my Self. I will always be with me. I might travel the world around, I take myself with me wherever I go. I will never leave thee, nor forsake thee. The I of me, the Self of me, which is God, is always where I AM.

Consciously bring these truths to mind from time to time, especially if you find yourself becoming ensnared in the human belief that you are dependent on mother, father, sister, brother, husband, or wife; or if you should forget your oneness with God and believe that you are dependent on your job, your position, your patient, or your student. Never let these human ties fasten themselves upon you. Remind yourself that I and the Father are one. In this oneness is your completeness and your allness.

Love all for My sake. Leave mother, sister, brother, father, leave every human dependence and find your allness in ME, in Christ, in Life; find that I AM all things unto you. I AM your teacher, your healer. I, the divine consciousness of your being, will never leave you nor forsake you.

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*"Be the change that you wish to see in the world"*